



Elementary Schools - Scituate Public Schools

October - Fall has Arrived!

 @scituateschoolnutrition

 @scitnutrition



	Monday	Tuesday	Wednesday	Thursday	Friday
	28-Sep	29-Sep	30-Sep	1	2
Hot Choice			Virtual Learning Day <i>Cohort C virtual meals available at Gates Middle School from 11am-12pm</i>	Deconstructed Chicken Fajita Meal with Black Beans, Salsa & Sour Cream	Cheese Pizza with Celery Sticks, Fruit
Cold Choice			<i>2-day Lunch Bags Saturday 11am-12pm</i>	Unrustable, Chips, Fresh Fruit	Unrustable, Chips, Celery
Breakfast	All students who request to take home a lunch will also be provided breakfasts: Assorted Muffins, Cereals, Bars, accompanied by Fruit or Juice and Milk				
	5	6	7	8	9
Hot Choice	Chicken Patty Sandwich with Sweet Potato Fries, Cupped Fruit	Cheese Quesadillas Corn, Sour Cream & Salsa	Virtual Learning Day <i>Cohort C virtual meals available at Gates Middle School from 11am-12pm</i>	Breakfast For Lunch! Pancakes with Sausage, Tots & Fruit	Cheese Pizza with Carrots, Fruit
Cold Choice	Unrustable, Chips, Cupped Fruit	Unrustable, Chips, Peas	<i>2-day Lunch Bags Saturday 11am-12pm</i>	Unrustable, Chips, Fresh Fruit	Unrustable, Chips, Carrots
Breakfast	All students who request to take home a lunch will also be provided breakfasts: Assorted Muffins, Cereals, Bars, accompanied by Fruit or Juice and Milk				
	12	13	14	15	16
Hot Choice	No School Columbus Day Holiday	Chicken Nuggets/Tenders with French Fries, Broccoli, Roll	Virtual Learning Day <i>Cohort C virtual meals available at Gates Middle School from 11am-12pm</i>	Steamed Hot Dogs with Tater Tots and Beans	Cheese Pizza with Celery Sticks, Fruit
Cold Choice		Unrustable, Chips, Applesauce	<i>2-day Lunch Bags Saturday 11am-12pm</i>	Unrustable, Chips, Fresh Fruit	Unrustable, Chips, Celery
Breakfast	All students who request to take home a lunch will also be provided breakfasts: Assorted Muffins, Cereals, Bars, accompanied by Fruit or Juice and Milk				
	19	20	21	22	23
Hot Choice	Chicken Patty Sandwich with Sweet Potato Fries, Cupped Fruit	Bagel with Cream Cheese, a Yogurt, and a Juice	Virtual Learning Day <i>Cohort C virtual meals available at Gates Middle School from 11am-12pm</i>	Breakfast For Lunch! French Toast with Sausage, Tots & Fruit	Cheese Pizza with Carrots, Fruit
Cold Choice	Unrustable, Chips, Broccoli	Unrustable, Chips, Cold Vegetables	<i>2-day Lunch Bags Saturday 11am-12pm</i>	Unrustable, Chips, Fresh Fruit	Unrustable, Chips, Carrots
Breakfast	All students who request to take home a lunch will also be provided breakfasts: Assorted Muffins, Cereals, Bars, accompanied by Fruit or Juice and Milk				
	26	27	28	29	30
Hot Choice	Chicken Nuggets/Tenders with French Fries, Broccoli, Roll	Beef Nachos Beans, and Cheese Cups	Virtual Learning Day <i>Cohort C virtual meals available at Gates Middle School from 11am-12pm</i>	Pasta with Meatballs with Peas and a Breadstick	Cheese Pizza with Celery Sticks, Fruit
Cold Choice	Unrustable, Chips, Cupped Fruit	Unrustable, Chips, Applesauce	<i>2-day Lunch Bags Saturday 11am-12pm</i>	Unrustable, Chips, Fresh Fruit	Unrustable, Chips, Celery
Breakfast	All students who request to take home a lunch will also be provided breakfasts: Assorted Muffins, Cereals, Bars, accompanied by Fruit or Juice and Milk				
USDA Waiver	***Welcome Back! The USDA extended a waiver that allows schools to serve free breakfast and lunch to ALL students, through 12/31/20. We are thrilled with this news as it means that we will be able to provide all Scituate students with the option of nutritious food for free that will support them, both in school and at home.***				
ALLERGIES	***Students with Allergies*** - All elementary students/families with allergies are encouraged to communicate in advance if the students with allergies intend on taking meals home. Staff can properly identify bags for those students.				

Questions, Comments or Concerns?

Food Service Director: David Stevens

dstevens@scit.org

David can also be reached in the office at 781-545-8750, ext. 143

*A full student lunch includes an entrée supplying protein and grain, assorted fruits, assorted vegetables, and a milk. Milk choices include 1%, and chocolate.

*No Snacks will be offered until further notice.

"This is an equal opportunity provider." Menu is Subject to Change.

*****USDA Universal Free Waiver*****

*Valid until 12/31/20 or until further notice

*All students receive free meals at no charge